

**Capital Area Human Services District Board Meeting  
January 9, 2017**

**Directors Present:** Becky Katz, Chair; Kay Andrews; Rev. Louis Askins; Amy Betts, Vice-Chair; Christy Burnett; Dana Carpenter, PhD; Gerri Hobdy; Gail Hurst; Vickie King; Stacey Morales; Virginia Pearson; Thomas Sawyer; Gary Spillman; and Barbara Wilson.

**Directors Absent:** Laverne Aguillard; Kathy D’Albor; and Sandi Record

**Executive Staff Member(s) Present:** Jan Kasofsky, PhD, Executive Director

TOPIC	RESPONSIBLE PERSON	DISCUSSION	FOLLOW-UP
Approval of the January 9, 2017 Consent Agenda and Approval of the Minutes for November 7, 2016	Ms. Katz	Ms. Becky Katz called the meeting to order at approximately 3:02 p.m. A quorum was present. She stated that “Executive Director Evaluation” needed to be added as an Agenda item. Rev. Askins made a motion to approve the January 9, 2017, Consent Agenda and approval of the minutes of November 7, 2016. Amy Betts seconded the motion.	There were no objections and the motion passed.
Communications	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky reported that she had given several talks since the November BH Collaborative meeting. She announced the next BH Collaborative meeting is scheduled for January 20, 2017, and will be split into two sessions. Representatives from the LA Public Health Institute from New Orleans will present to the Integration group in the 8:00 a.m. session. Their presentation will focus on how to develop patient flow in a primary care setting when a behavioral health component is added. The Baton Rouge Clinic, OLOL, and the FQHC CAHSD has been working with will also provide updates. The second session will begin at 10:00 a.m. and updates will be provided by the agencies working with the 2016 flooding issues. (LA Spirit, the Disaster Case Management and the Crisis Center)</li> <li>• Bridge Center Panel: Dr. Kasofsky was on the panel hosted by the Bridge Center at Catholic Charities. She provided them with an update on the roles of Capital Area and the State during a declared disaster and how the flooding event was handled. People were very complementary about the work done by CAHSD.</li> <li>• Rotary Club Presentation: Dr. Kasofsky stated that it was an honor to be asked to present at the Rotary meeting. The community has evolved by wanting to have a mental health presentation. Mr. Sawyer reported that the talk was nice and very well received.</li> <li>• Chamber Leadership Presentation: The presentation was held at Mary Bird Perkins and was attended by thirty-six people.</li> <li>• Humana: Humana is encouraging Dr. Kasofsky to hold the meetings on integration. Humana is filming a documentary on how things were moving in Baton Rouge. Dr. Kasofsky was interviewed for the documentary.</li> </ul>	

		<ul style="list-style-type: none"> <li>• Urban Congress is Rev. Jetson’s Metro Metamorphosis group focusing on different aspects that impact African American young men. Dr. Kasofsky is on the committee looking at mental health and was asked to give a presentation last month as well.</li> <li>• National Dialogues: Dr. Kasofsky was re-elected as the National Dialogues president for this year.</li> <li>• EBR Parish Council: John Nosacka and LA Spirit recently gave a presentation to the Council. It can be viewed in the archived files. Council members provided positive feedback.</li> <li>• EBR New Mayor Transition Committee: Dr. Kasofsky is a member of the Health &amp; Mental Health committee. At the first meeting she gave a presentation on access to mental health care.</li> </ul>	
SAMHSA Proposal for Mobile Team	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky explained that the Substance Abuse Mental Health Services Administration (SAMHSA) is under the Department of Health and Human Services at the Federal level. A Commander deployed from the United States Public Health Services recently attended a Behavioral Health Services Collaborative Meeting. The Commander and Dr. Kasofsky had discussions that a Mobile Team would be needed and for the last month, they have been working together to develop a Mobile Team. It was very close to happening but Dr. Kasofsky wrote to the Commander and requested that she not pursue because there are only 50 LA Spirit Counselors now – not the expected 200-250 because things are happening slower than expected. The Commander didn’t know things were stalled on a Federal level for the additional 200 counselors. This brought attention to Louisiana not having received the rest of the funding for crisis counseling through the regular crisis counseling program grant. At this time, the Mobile Team is not under consideration. CAHSD staff designed the Mobile Team and will use it if a deployment from SAMHSA is approved. A funding request from the State has been filed.</li> </ul>	
EBRP Jail Contract Renewed, Wilson Foundation Grant Renewal and Humana Grant Invitation	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky announced that the EBR Parish Jail contract is continuing. CAHSD staff is already working with the new company running Prison Medical within the jail. The new company understands CAHSD is not doing the work they were brought in to do. CAHSD’s work is focused around discharge planning and getting people connected upon discharge. The Warden and others are happy with the work CAHSD is doing and that contract will continue.</li> <li>• The Wilson Foundation Grant is also in the jail and is the sister grant to the EBR Parish Jail Contract. This doubles CAHSD’s capacity and is funded. Funding is required because licensed staff is providing the services with a focus on working with the mentally ill. More information is available on the Wilson Foundation site.</li> </ul>	

		<ul style="list-style-type: none"> <li>The Humana Grant will end in one week. However, CAHSD received an invitation to reapply for the grant. This grant funds 2 certified peers. One works at CABH, our largest mental health center and one works at MDMHC. The WRAP Program is used and is an evidenced based wellness program overseen by CAHSD nurses. One component has a trainer who works out with the clients and focuses on achieving ideal body weight. There have been a lot of physical health successes with the clients.</li> </ul>	
Integrated Care: Open Health MOU	Dr. Kasofsky	<ul style="list-style-type: none"> <li>Integrated care means providing mental health services where physical health services are being provided. CAHSD has been working for a while with Open Health, an HIV Federally Qualified Health Center (FQHC). The MOU is completed. CAHSD has a FT social worker billing for services at the co-location. CAHSD is going to contract with the Open Health and will be paid for the social worker's time. There will no longer be a need for CAHSD to bill for those services. A second social worker has been requested because they are so busy. This model is going very well.</li> <li>Dr. Harold Brandt, Medical Director at The Baton Rouge Clinic, reached out about a year ago expressing interest in working with CAHSD. He gave a presentation to his physicians and their response re: CAHSD was positive. CAHSD has a serious meeting with the Baton Rouge Clinic this week. The plan is to have social workers on 2 floors in their Clinic. A co-location model will probably be used but Dr. Brandt is working with BCBS for them to pay CAHSD's Administrative costs and to use as a model.</li> </ul>	
Conversations with Family Court	Dr. Kasofsky	<ul style="list-style-type: none"> <li>Judge Haney, Family Court, wants to develop a family court program for parents of kids who get involved with legal issues, and who have substance abuse and mental health problems themselves. It is innovative and they want CAHSD to be the provider for the parents of children brought into the court.</li> </ul>	
Ends Policy Year End Report	Dr. Kasofsky	<ul style="list-style-type: none"> <li>The November 2016 Ends Report is attached. Dr. Kasofsky explained for new Board members, that the Ends Statement basically outlines what CAHSD will agree to accomplish every year. She pulls items from the Strategic Plan that she feels are the most important. Dr. Kasofsky provided an overview and explained how the Ends works and the timeline(s). She stated that some of the items weren't completed and CAHS is about 6 months behind due to the intense work of the past months due to the flooding of August 2016.</li> <li>Dr. Kasofsky asked for approval from the Board to go through the Ends and identify items that are ongoing or haven't been completed. These and other items that need to be added will be the basis of what CAHSD will work on during the upcoming year. She expressed concern about</li> </ul>	

		<p>doing a lot with the Strategic Plan now because of the changes in Washington and the state of the SGF deficit. Dr. Kasofsky stated that she couldn't really predict what will happen to CAHSD if the Affordable Care Act and Medicaid Expansion are repealed. At this point, CAHSD population has decreased from 60 % indigent to 15 % indigent and should drop to 10%. A large amount of our budget is now based on self-generated revenue. CAHSD is very proud of the fact that a great job has been done getting our clients enrolled in Medicaid. This has been discussed at prior board meetings. We are probably billing and collecting more than any of the other Districts. So if/when we receive a cut, we will give up the money we are billing for, and collecting. Services have not been cut this year so far because of collections. If Medicaid Expansion ends, all of healthcare will be hit hard. There was Board discussion on this topic. Dr. Kasofsky provided input on adding services to meet CARF expectations and CAHSD services to market. She provided an overview of the plan to continue updating the CBHS waiting area.</p> <ul style="list-style-type: none"> <li>• She explained that the State funded the Louisiana Department of Health with dollars coming from the Federal Affordable Care Act - Medicaid Expansion.</li> </ul>	
Strategic Initiatives deferred (2017)	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky requested to defer the Strategic Plan. She will look at areas that can be tightened up, be more efficient in our delivery and then, in any areas that have had a decrease in utilization.</li> </ul>	
DOC on Mandating Released Prisoners to attend JI-IOP	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• CAHSD has been meeting with the Undersecretary and he is very interested in the Intensive Outpatient for the Justice Involved Program developed by CAHSD for clients who are coming from either a state or parish jail. He likes the idea of making program attendance mandatory when they come out of jail. CAHSD is now working with Probation and Parole officers to make this happen.</li> </ul>	
DOJ Decision/Civil Unrest Plan	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• This is for EBR Parish. Dr. Kasofsky has been speaking with BRPD. They have developed a new plan called the Tiger Plan. This Plan focuses on how to be prepared and how to respond to civil unrest when decisions are released regarding the shooting of Mr. Sterling. Dr. Kasofsky and J. Nosacka developed where mental health would be added to the plan. Portions of the plan deal with the public and with law enforcement.</li> </ul>	
Self-Generated Revenue Report (November)	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• CAHSD experienced a drop off in collections for a brief time after the 2016 flooding but the volume has increased and collections are expected to remain at the target goal.</li> </ul>	
2016/17 Budget reductions	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• CAHSD has had a \$700k cut for this fiscal year. That is 3% of the State General Funds. Another cut is expected this fiscal year. Dr. Kasofsky provided details of the budget sent for the coming year. If CAHSD receives additional money for next fiscal year, another Mobile Team will</li> </ul>	

		<p>probably be added. They are finding more people are not capable of coming into the clinic on their own. There has been discussion with OLOL for CAHSD to work with them out of their ER. OLOL found that some people in their ER could've gone home if they would have had another level of support. To date, CAHSD has received approximately 5 referrals. OLOL is sending information to CAHSD when a client is discharged if the client is willing for CAHSD to connect with them. CAHSD will then make connection with the client. Dr. Kasofsky will report on this again next month. CAHSD and OLOL will meet again at the end of January to discuss whether changes need to be made. This is a real service, not only to OLOL, but also to the public because so many people with mental health problems only seek care when in a crisis. If they are willing to be treated in their home or have people checking in on them, this is the way to go.</p>	
CFSS Task Force	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky provided a brief overview of the CFSS Task Force document. Basically, if CAHSD doesn't use X percentage of its budget for what has been decided that has a need to be funded within developmental disabilities, CFSS won't advocate for people in this community to receive more funding. CAHSD would have to go out on their own to do the advocacy, which is not allowed.</li> <li>• Dr. Kasofsky asked that the members read over the document and then discussion can be had. She stated that the executive directors do not support the proposed actions. There was Board discussion on this topic. Dr. Kasofsky will discuss with other executive directors and poll who will be sending a letter and whether it will be sent from their Board/Board Chairman/Executive Director and if it will express the Board's concerns regarding the language in the document. The Board's recommendation is that the boards have a voice on this issue through a letter from the Board Chair.</li> </ul>	
LGE/LDH Discussions	Dr. Kasofsky	<ul style="list-style-type: none"> <li>• Dr. Kasofsky reported that at the last House Appropriations Committee Meeting, LDH leaders said nothing when Representative Schroder accused the Human Services Districts of "willy nilly" spending of their money, they are not monitored and that none do the same services. Dr. Kasofsky stated that the Districts were created to have the same core services and then have specialized services based on population need. LDH didn't reply to any of the comments which was very upsetting. None of the Executive Directors were called to defend themselves.</li> <li>• Richard Kramer is the new FL parishes Executive Director. He obtained an appointment with Representative Schroder and was able to explain important information to him. Hopefully that meeting will diffuse the misconceptions.</li> <li>• The Executive Directors asked to meet with Michelle Alletto, Deputy</li> </ul>	

		<p>Secretary, and Secretary, Dr. Rebekah Gee. The meeting was held with Ms. Alletto and was focused mostly on financing. Executive Directors gave a budget process outline for the Districts that is no different from the process used when they were regions. All budgets go through LDH.</p> <ul style="list-style-type: none"> <li>At the House Appropriations Committee nothing was mentioned about the 20 different organizations that monitor the Districts, not to mention that the Legislative Fiscal Auditor does a complete audit of the Human Service Districts by LDH leadership. When Districts were Regions, 10 charts were picked for the whole Region. Now as a District you are audited as though you are a whole entity. All Districts are CARF accredited. In the meeting with Ms. Alletto, Dr. Kasofsky explained why the Districts all have different specialties that they do that the other District may not, i.e. MoJo Campaign etc. Michelle Alletto questioned “Who asked the Districts to do the special projects?” She stated that the Districts have been around a long time and it may be time to for them “to get a new model”. M. Alletto did state there is no legislation to change the Districts. She appeared to believe that Districts shouldn’t do anything they are not directly funded to do.</li> </ul>	
Board Member Status	K. Bray	<ul style="list-style-type: none"> <li>Dr. Carpenter was recently reappointed. Paperwork will soon be submitted for the vacancy created by V. King’s expired term. Still need to fill vacancies in other parishes created by term expirations.</li> </ul>	
Ken Minkov	Dr. Kasofsky	<ul style="list-style-type: none"> <li>Ken Minkov contacted Dr. Kasofsky and asked if CAHSD would submit an abstract to do a joint presentation with him about CAHS’s experience in New Orleans, LA in October. An abstract was submitted.</li> </ul>	
“Chasing the Dragon”	Dr. Kasofsky	<ul style="list-style-type: none"> <li>“Chasing the Dragon” – CAHSD will be hosting this movie about opioid addiction. It will be shown at the March BH Collaborative meeting and then again in the evening to the public. More will be developed and shared with the Board.</li> </ul>	
Report from Chairman			
<b>Board Policy Review by Direct Inspection/Board Business</b>			
ED Evaluation Committee Appointed	Ms. Katz	<ul style="list-style-type: none"> <li>The following Board members were appointed to the Executive Director Evaluation Committee: Gerri Hobdy, Stacey Morales, Becky Katz &amp; Gary Spillman. The Executive Director is not eligible for a salary increase.</li> <li>The evaluation process was explained and the necessary information has been provided for review.</li> <li>The Committee will meet prior to the February 6<sup>th</sup> Board meeting at 2:30 p.m. in Room 200A.</li> </ul>	
2016 Ends Policy	Ms. Katz	<ul style="list-style-type: none"> <li>The Ends Policy was reviewed.</li> </ul>	
Distribution of ED’s Performance Evaluation Form	Ms. Katz	<ul style="list-style-type: none"> <li>Ms. Katz reminded Board members to complete the ED’s Performance Evaluation form and return to K. Bray prior to the February meeting.</li> </ul>	

Signed Policy Limits Monitoring Exec. Director Performance Comments, Solicited/Collected	Ms. Katz	<ul style="list-style-type: none"> <li>Executive Director Evaluation: Will be added to the February 6<sup>th</sup> agenda.</li> </ul>	
Asset Protection Policy	Ms. Katz	<ul style="list-style-type: none"> <li>The Board reviewed the Asset Protection Policy. Mr. Spillman made a motion to approve the policy as is. The motion was seconded by B. Katz.</li> </ul>	There were no objections and the motion passed.
Financial Planning/Budgeting	Ms. Katz	<ul style="list-style-type: none"> <li>The Board reviewed the Financial Planning/Budgeting Policy. V. King made a motion to approve the policy as is. The motion was seconded by G. Spillman.</li> </ul>	There were no objections and the motion passed.
Financial Condition & Activities	Ms. Katz	<ul style="list-style-type: none"> <li>The Board reviewed the Financial Condition and Activities Policy. C. Burnett made a motion to approve the policy as is. The motion was seconded by G. Spillman.</li> </ul>	There were no objections and the motion passed.
Policy Review	Ms. Katz	<ul style="list-style-type: none"> <li>There was no policy review assignment.</li> </ul>	
Next Assignment	Ms. Katz	<ul style="list-style-type: none"> <li>Next Policy Assignment: Accountability of the Executive Director – Kay Andrews</li> </ul>	
Community Participation	Ms. Katz	<ul style="list-style-type: none"> <li>There was no community participation.</li> </ul>	
Next Meeting	Ms. Katz	The Board will meet on February 6, 2017 @ 3:00 p.m. at CAHSD, 4618 Government Street, Baton Rouge, LA.	